

November 30th, 2022

To: REGIONAL VICE PRESIDENTS BRANCHES & FACILITIES

TYPE 1 DIABETIC COVERAGE OPTION

This November is *Diabetes Awareness Month*, and we wanted to end the last few days with an important message for members with, or immediate family members with, type 1 diabetes.

Diabetes is one of the most predominant chronic diseases in North America. Currently, 11 million Canadians live with diabetes or prediabetes; with 1 Canadian being diagnosed every 3 minutes. This disease is the nation's leading cause for blindness, and responsible for over 70% of the country's leg amputations.

300,000 Canadians live with *type 1 diabetes*. Most people are diagnosed during their youth, and for the rest of their lives they must follow a strict regimen of daily insulin injections, monitoring blood sugar levels, and carefully regulating carbohydrate intake.

It is with this understanding that *CATCA* would like to bring awareness to a coverage option provided through your health care benefits coverage. Members, and immediate family members (dependants, and/or spouse), are now eligible for continuous glucose monitoring equipment, and supply coverage with a value of up to \$4,000.00 annually. This coverage is provided on an exemption basis, for *type 1 diabetics only*. For coverage, please reach out to your benefit coordinator and inform them that you are a type 1 diabetic in need of support.

In Solidarity,

Nick von Schoenberg

President

Scott Loder

Executive Vice President

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